

SCOTCH ATHLETICS MEETING
Saturday 15 August 2009, 8.30am – 11.30am
at Newport Aths Track (Williamstown) Melways 56 B4

TRACK EVENTS

8.30am 3000 metres Open
Hurdles U15 Front straight
U16 Front straight
U17 Front straight
Open Front straight

9.00am 100 metres
U15 Front straight
U16 Front straight
U17 Front straight
Open Front straight

9.30am 800 metres
U15 Stagger start (2 per lane)
U16 Stagger start (2 per lane)
U17 Stagger start (2 per lane)
Open Stagger start (2 per lane)

10.00am 200 metres
U15
U16
U17
Open

10.30am 1500 metres U15-U16
U17-Open

4 x 100 Relays U15
U16
U17
Open

11.00am 4x 400 Relays U15
U16
U17
Open

FIELD EVENTS

8.45am Shot Put U17
High Jump U15
Triple Jump U16 Pit 2
Long Jump Open Pit 2
Long Jump U15 Pit 1
Triple Jump U17 Pit 1

9.15am High Jump U16

9.40am Shot Put U16
Triple Jump U15 Pit 2
Long Jump U17 Pit 2

10.00am High Jump U17

10.15am Shot Put U15

10.30am High Jump Open

10.50am Shot Put Open
Triple Jump Open Pit 1
Long Jump U16 Pit 1

Recordkeeping Feutrill, Smith, Grose, Sofo, Morley, Woodard, Long

Starter Sprints Konstantatos

Sprints marshalling Mulcahy

Starter Middle Distance Long

RELAY CHANGEOVERS and HURDLES Woodard, Blair, Sofo, Morley

Relay Marshalling (at start) Konstantatos, Mulcahy

FIELD EVENT OFFICIALS
High Jump Hogan
Shot Put Smith
Triple Jump Grose and Smith
Long Jump Grose and Smith

All specialist coaches to be coaching (not marshalling) : Commons, Hayes, Hart, Blair, Hogan