

Scotch College

Future Pathways

News

May 6 2024

Course & Campus Information:



Law Week 2024

*There's something for everyone during Law Week this year! **Law Week** is an annual festival of events which makes learning about the law easy. With *webinars, interviews, information sessions, free legal advice, podcasts, and plenty more*, Law Week makes learning about the law easy for all Victorians. This year, Law Week will take place from **Monday 20 – Sunday 26 May 2024**.*

Check out the Victorian Law Week program at [Victorian Law Week 2024](#).



Reminder: University Clinical Aptitude Test

The ***University Clinical Aptitude Test (UCAT)*** is an admissions test used by the UCAT ANZ Consortium of universities in Australia and New Zealand for their ***medical, dental, and clinical science*** degree programs. Universities requiring the UCAT are listed at this link - [Universities requiring the UCAT](#). Students intending to apply for courses requiring the UCAT at any of these universities are reminded that they will need to **book a test**.

Bookings close **17 May 2024**. The testing dates will be from **1 July 2024 to 9 August 2024**.



Year 12 Information Evening - Webinar

Year 12 students are invited to participate in this online event to explore their options about studying at the university in 2025. Details regarding the curriculum, scholarships, student support, campus life, etc. will be covered.

Date: Thursday 23 May 2024

Time: 6:00pm – 7:30pm

Register to participate at [Year 12 Information Evening Webinar Registration](#).



News from Monash University

➤ **Monash Science Precinct Tours 2024**

Students thinking of studying Science at Monash, might like to take a closer look and see science facilities and student spaces, and get a feel for campus life and have a chat with some of the science students and staff.

Date: Tuesday 2 July OR Thursday 4 July OR Tuesday 9 July OR Thursday 11

Visit [Monash Science Precinct Tours 2024](#) and book a spot.

➤ **Upcoming Discover Monash Events**

Monash University will be hosting several [Discover Monash](#) events or activities over the coming weeks. Unless specified online**, these will be face-to-face events.

Participating in one or more of these events will assist students in making informed choices about their study options after Year 12.

The following events will take place from **June to August** and students are encouraged to register early. **For a complete list, and to register, visit [Events Calendar - Discover Monash](#).**

Discover Criminology and Criminology/Policing	Tuesday 4 June, 6.30 – 8.00pm
Discover Design	Tuesday 4 June, 6.00 - 7.00pm
Discover Bachelor of Learning Design and Technology	Tuesday 4 June, 6.00 - 7.00pm
Discover Fine Art and Curating	Wednesday 5 June, 6.00 - 7.00pm
Discover Education: Clayton	Wednesday 5 June, 6.00 - 7.00pm
Discover Architecture	Thursday 6 June, 6.00 - 7.00pm
Discover Education: Peninsula	Thursday 6 June, 6.00 - 7.00pm
Discover Bachelor of International Relations	Monday 24 June, 6.30 - 8.00pm
Discover Business: A World of Possibilities – Webinar**	Wednesday 10 July, 1.00 - 2.00pm
Discover Industry Experience in an IT Degree	Wednesday 10 July, 6.00 - 7.00pm
Monash Information Evening - Clayton	Tuesday 16 July, 6.30 - 8.00pm
Clayton Campus Tour	Friday 16 August, 2.00 - 3.30pm
Clayton Campus Tour	Monday 19 August, 10.00 - 11.30am
Monash Information Evening – Webinar**	Wednesday 21 August, 6.30 - 8.00pm



Early Entry Program – 2025 Entry

A different way to enter university that will not depend on your ATAR.

The [Early Entry Program | Swinburne](#) is a unique opportunity for current Year 12 students (domestic and onshore International) to receive a conditional offer based on a recommendation by the school, and not based on an ATAR.

Applications are open, and will close later in Term 3. Successful students will receive a conditional offer and the offer will become unconditional should students complete Year 12 and meet the course prerequisites – particularly English (study score of 25) or EAL (study score of 30).

Details of the application process, as well as participating courses can be found below.

1. Application process

Students must organise a recommendation from a school representative – the school’s principal, the year level coordinator, Head of House, or Career Practitioner – in order to proceed with an application.

2. Eligible courses

Courses that will be offered through this program can be found at [Eligible Courses](#), and students can only apply for one course.

Students will be required to complete 3 questions in a *Next Gen Now* questionnaire, and students will be asked to provide a 200-word statement per question.

3. Recommendation form

Once an application is submitted, students will receive a confirmation email which will include the form they need to forward onto their chosen school representative, who will complete the form and return it to Swinburne, who will match it with the student’s application.

Students must also make a VTAC application.



Aspire Community Contribution Program

Open to domestic and international students

Requirements: Year 12 pass, VCE minimum prerequisite study scores and ATAR required

At La Trobe, we believe there is more to being a good student than marks alone.

The [Community Contribution, Aspire Early Entry Program](#) rewards the skills and knowledge students gain from the positive impact they have made on their school or community through **community service, leadership, or volunteering**.

Successful applicants also receive their **early conditional offer** late September or early October for their chosen course along with minimum ATAR requirements. Many courses have a minimum ATAR of 55.00, but some professional degree programs have higher requirements.

Up to 40 [Aspire scholarships](#), worth \$5,000 per year for up to four years, will be awarded to leading eligible Aspire students.

The [Aspire ATAR Table](#) shows the minimum ATAR for some degree courses for entry through Aspire in 2025. Should an applicant's preferred course not be listed on this table, then the minimum ATAR is 50.00.

Applicants are required to provide information about the length and frequency of their community service and/or volunteering experience.

Types of volunteering include –

- fundraising for charity
- helping to run a school or community club
- coaching a sports team
- volunteering at a nursing home
- mentoring younger students
- leading as a school or house captain

Applications are open and close 6 September 2024. Further details can be found at [Community Contribution, Study with us, Aspire Early Admissions Program, La Trobe University](#). Students will also need to make a VTAC application.



Australian
National
University

Snapshot of The Australian National University (ANU) in 2024

- Although the main campus is based in Canberra in the ACT, ANU is Australia's only national university. It has [campuses](#) in ACT, NSW, and the NT.
- ANU ranks 4th in Australia and 34th in the world in the [QS World University Rankings 2024: Top Global Universities | Top Universities](#) and ANU counting six Nobel Laureates among its staff and alumni. It also has one of the highest average academic staff to student ratios among Australia's leading universities according to the Good Universities Guide.
- ANU has seven academic colleges:
 - [College of Arts and Social Sciences](#)
 - [College of Asia and The Pacific](#)
 - [College of Business and Economics](#)
 - [College of Engineering, Computing and Cybernetics](#)
 - [College of Health and Medicine](#)
 - [College of Law](#)
 - [College of Science](#)
- Students wishing to [study](#) at ANU can choose from a range of disciplines and degree structures, from single, double and research undergraduate and postgraduate programs.

- At ANU the [Doctor of Medicine and Surgery \(MChD\)](#) is a postgraduate, four-year degree - students cannot study medicine as an undergraduate at ANU. Further information on the admissions process and how to apply is available on the [ANU Medical School](#) website. Students looking for an undergraduate pathway to medicine without sitting the GAMSAT, might like to consider the [Bachelor of Health Science](#).
- ANU students are encouraged to enhance their learning experience and take advantage of national and international [global study opportunities](#) which can count credit towards their degree.
- Prospective and current ANU student have access to many [scholarships](#) to support with the cost of their studies.
- ANU offers a broad range of [accommodation](#) choices for students, within a diverse and vibrant community.



New Public Health and Epidemiology Major in Biomedicine

The Bachelor of Biomedicine has introduced a *new* major in 2024 called '[Public Health and Epidemiology](#)' which can be credited towards the Master of Public Health at the University of Melbourne.

Students will contribute to a real-life health promotion campaign and work to benefit the health of university students. The public health major is highly relevant for students pursuing careers as health professionals, as it provides an understanding of the many factors that impact an individual's health. Students will also develop skills essential for health professional practice, such as communication, ethical health practice, and interpretation of data.

To gain specialist training in Public Health students should study the [Master of Public Health](#).



Business Degrees in Victoria in 2024

INSTITUTION	COURSE	VCE PREREQS	MAJOR STUDIES IN 2024	ATAR 2024
ACU M – Melbourne	Business Administration	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.	Business Administration.	60.90 (M)
CQU M – Melbourne	Business	n/a but an ATAR is used for selection	Accounting, Financial Planning, Human Resource Management, Management, Marketing, Property.	n/p (M)
Charles Sturt AW – Albury Wodonga	Business	n/p but an ATAR is used for selection	Accounting and Financial Management, Advertising, Agribusiness, Entrepreneurship, Ethics and Social Responsibility, Finance, Human Resource Management, IT Management, Legal and Industrial Relations, Management and Leadership, Marketing, Marketing, Communication and Digital Media, Project Management, Psychology, Strategic Communication, Strategic Planning, Sustainability.	n/p (AW)
DEAKIN M – Melbourne G – Geelong W'Front	Business	Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	Business analytics, Business and digital communications, Economics, Entrepreneurship and innovation, Event management, International trade, Marketing, Organisational psychology, People management, Project management, Recruitment and talent acquisition, Retail and supply chain management, Sustainability and development.	60.05 (M) 60.45 (G)
FEDERATION Be – Berwick Ba – Ballarat Gi - Gippsland	Business	Units 3 and 4: a study score of at least 20 in any English.	Banking and Finance, Cognitive Enterprise, Management, Marketing.	50.75 (Be) 53.25 (Ba) n/p (Gi)
LA TROBE M – Melbourne Be – Bendigo S - Sydney	Business	Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	Agribusiness, Digital business, Economics, Enterprise, Event management, Finance, Human resource management, International business, Management, Marketing, Sport management, Tourism and hospitality.	55.05 (M) 55.30 (Be) n/p (S)
MONASH Ca – Caulfield P - Peninsula	Business	Units 3 and 4: a study score of at least 27 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 22 in one of Maths: Mathematical Methods or Maths: Specialist Mathematics or at least 25 in Maths: General Mathematics.	Accounting, Banking and finance, Business analytics and statistics, Business law, Business management, Business studies, Economics and business strategy, Financial econometrics, Human resource management, International business, Marketing, Sustainability and responsible management, Taxation.	75.65 (Ca)
	Business Administration	Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 27 in English (EAL) or at least 25 in English other than EAL.	Accountancy, Business administration studies, Economics and business decisions (minor), Finance and economics, Management practice, Marketing and communications.	70.60 (P)
RMIT C – City * Business (Professional)	Business	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.	Blockchain Enabled Business, Business Information Systems, Business and Technology, Economics, Entrepreneurship, Finance, Financial Planning, Global Business, Innovation and Enterprise, Logistics and Supply Chain, Management and Change, Marketing, People and Organisation, Social Impact.	67.05 (C) 80.00 * (C)
SWINBURNE H – Hawthorn * Professional Degree	Business	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.	Accounting, Accounting and finance, Accounting and financial planning, Business administration, Business analytics and analysis, Entrepreneurship and innovation, Finance, Financial planning, Human resource management, Logistics and supply chain management, Management, Marketing, Sports management.	55.30 (H) 75.15 * (H)
VICTORIA C – City	Business	Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	Accounting, Analytics, Banking and Finance, Business Analytics, Event Management, Financial Risk Management, Human Resource Management, Information Systems Management, International Trade, Management and Innovation, Marketing, Supply Chain and Logistics, Tourism and Hospitality Management.	n/p (CF)



Commerce Degrees in Victoria in 2024

Students will note that in many cases the majors offered in commerce degrees are similar to those offered in business degrees. One particular difference between a business degree and a commerce degree is often the VCE maths prerequisite entry requirement, where Maths Methods is the preferred maths.

For a comprehensive list of all courses, their majors and double degrees on offer, visit [VTAC](#).

INSTITUTION	COURSE NAME	VCE PREREQUISITES	MAJOR STUDIES IN 2024	ATAR 2024
ACU M – Melbourne	Commerce	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.	Accounting, Event Management, Finance, Human Resource Management, Informatics, Management, Marketing.	59.25 (M)
DEAKIN G – Geelong Waterfront M – Melbourne	Commerce	Units 3 and 4: a study score of at least 25 in English (EAL) or 20 in English other than EAL	Accounting, Business analytics, Economics, Emerging technology, Emerging technology, Entrepreneurship, Event management, Finance, Financial planning, Global and social impact, Human resource management, International business, International trade, Management, Management information systems, Marketing, People management, Production management, Project management, Property investments, Recruitment and talent acquisition, Retail management, Social entrepreneurship, Wealth management.	70.80 (G) 80.00 (M)
LA TROBE M – Melbourne	Commerce	Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	Accounting, Business analytics, Economics, Finance, Management, Marketing.	80.25 (M)
MONASH Cl – Clayton	Commerce	Units 3 and 4: a study score of at least 27 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 25 in one of Maths: Mathematical Methods or Maths: Specialist Mathematics.	Accounting, Actuarial studies, Behavioural commerce, Business analytics, Business law (minor), Econometrics, Economics, Finance, Management studies, Marketing science, Mathematical foundations of econometrics, Sustainability and responsible management.	86.05 (CI)
UNI MELBOURNE P - Parkville	Commerce	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 25 in one of Maths: Mathematical Methods or Maths: Specialist Mathematics.	Accounting, Actuarial studies, Economics, Finance, Management, Marketing.	92.00 (P)

Upcoming Events:

Notre Dame | Doctor of Medicine Information Session

May 9, 2024

Join us for an online information session designed to provide you with crucial insights into Notre Dame's Doctor of Medicine program. This webinar offers a unique opportunity to delve into the program's structure, entry pathways, and exciting new developments.

[Find out more](#)

Monash | Discover Biomedical Science and Nutrition Science

May 9, 2024

Discover what it's like to study Biomedical Science or Nutrition Science at Monash. Join us for an informative session where we'll discuss the course structure, hands-on opportunities and career outcomes. Our current students will be online to provide insights into their own experiences as well.

[Find out more](#)

UniMelb | Residential Colleges Open House 2024

May 11, 2024

Register to tour our ten Residential Colleges and visit the University during Open House on Saturday 11 May 2024. Each College has its own unique community spirit to explore and offers a supportive environment that will help you to make lifelong friends, build lasting connections, further your academic pursuits and experience unique opportunities.

During our Open House you will have an opportunity to:

- explore and tour our Residential Colleges
- hear from current residential students
- meet our academic and pastoral care staff
- learn more about our generous scholarship programs and College application process
- discover the best of Residential College social, cultural, sporting and leadership opportunities.

Each College will be running tours continuously throughout the afternoon on a regular basis. Please register and select which Colleges you intend to visit. You can also register for our general information session at 12noon or 3.30pm.

[Find out more](#)

The Hotel School | Industry Insights, Melbourne

May 11, 2024

Join us for an exclusive behind the scenes look at life working in the hotel and event industry.

Gain insights of W Melbourne through the eyes of a hospitality and events professional. Find out what it is like to work in this dynamic environment by immersing yourself in the behind the scenes operations of a luxury hotel.

You are invited to this unique, fully interactive experience where you will meet professionals of key hotel departments and have an opportunity to understand their roles. This event is perfect for those wanting a better understanding of the complexities and depth of hospitality careers.

[Find out more](#)

JMC Academy | May 2024 Open Day, Melbourne

May 11, 2024

Come and see why JMC Academy is Australia's leading tertiary Creative Industries provider.

Things to do at Open Day:

- Tour our world-class facilities and tech
- Explore your creative future in our hands-on workshops
- Meet our current students and industry expert lecturers
- Check out live student performances
- See creativity come to life with course demonstrations
- Build your creative network
- Speak to student admissions

[Find out more](#)

ACU | Talk with Psychologists, Youth Workers and Social Workers

May 14, 2024

Join us online to hear from ACU alumni about life after university. Take part in a Q&A session with our graduates and get an insider's perspective on psychology, youth work and social work.

[Find out more](#)

ACU | Talk with Specialist Nurses

May 15, 2024

Join us online to hear from ACU alumni about life after university. Take part in a Q&A session with our graduates and get an insider's perspective on specialist nursing.

[Find out more](#)

Charles Sturt | Charles Sturt Advantage Information Session

May 15, 2024

Applications for the Charles Sturt Advantage early offer program are now open. Please join us for an online information session to learn more about our early offer program and ask any questions you have.

[Find out more](#)

William Angliss Institute | Industry Insights: Event Management & Career Pathways Q&A

May 16, 2024

Want to know about the creative, fast-paced events industry?

Join us as we interview former Event Manager and now Industry Trainer and Author, Effie Steriopoulos, as she shares insights into the occupation and event roles in this space, her own experiences, career pathways, skills needed and more to thrive in the event management industry.

[Find out more](#)

William Angliss Institute | Industry Insights: Tourism & Career Pathways Q&A

May 16, 2024

Ever wondered about working as a Tour Guide or in the tourism industry?

Join us as we speak to Tour Guide, Industry Trainer and William Angliss Institute alumni, John O'Donnell, learning about his journey in the industry, the sorts of career opportunities available in the tourism space, the types of places you could work at, skills needed and more.

[Find out more](#)

William Angliss Institute | Industry Insights: Aviation & Career Pathways Q&A

May 17, 2024

Join us as we interview former Cabin Crew member and now Industry Trainer Michelle Hemsley to learn more about the role and her journey with Emirates Airlines, Virgin Australia and more.

Explore different career options and hear about the pathway of becoming a Cabin Crew member, which skills you'll need and the experiences that count towards this exciting profession.

[Find out more](#)

Discover ACU Melbourne

July 2 to July 10, 2024

Join us for the 2024 Discover ACU. A free event tailored to your study area of interest, these sessions will give you an insight into life as a uni student.

- Exercise and Sports Science – July 2
- Allied Health – July 2
- Biomedical Science – July 2
- Law, Business and Criminology – July 4
- Nursing – July 10
- Midwifery – July 10
- Paramedicine – July 10

[Find out more](#)

RMIT | Tech and Trades Experience Day 2024

From July 4, 2024

to July 4, 2024

Come and discover RMIT – Register your interest for a spot at our free exclusive Hands-On Experience Day in your July school holidays!

You will have the opportunity to choose two interactive workshops from a Trades and Future technology areas in our Vocational Education programs.

Tailored for students in years 10, 11, and 12, along with their parents and guardians, this event promises an immersive day of exploration. Uncover your passions, gain valuable insights, and pave the way for a future filled with endless possibilities.

[Find out more](#)

Charles Sturt | Open Day 2024

July 28 to August 25, 2024

What is Open Day? It's your opportunity to discover what life at Charles Sturt is all about.

Open Day isn't just for students – parents and carers are welcome too!

Be inspired by our academics, explore our facilities and chat to current students about what studying with us is really like. From information sessions and campus tours to free food, entertainment and giveaways – there's something for everyone.

- **Port Macquarie:** Sunday 28 July
- **Wagga Wagga:** Sunday 4 August
- **Albury-Wodonga:** Sunday 11 August
- **Bathurst:** Sunday 18 August
- **Orange:** Sunday 25 August

[Find out more](#)

Study:

What's the difference between business and commerce?

If you're keen to learn more about the world of enterprise at university, you might already be looking into your future degree. And you also might have run into this conundrum – should I study business or commerce? You might even be wondering, are these two degrees even different? We're here to answer your questions, and the first is, *yes*, there is a difference (we promise). Read on to find out more about the finer details of the difference between business and commerce.

Business: broad knowledge

A business degree is usually the first thing that comes to mind when you think about studying business at university. This is a common course that you can study at pretty much any university, and for a good reason.

A business degree equips you with the foundation skills you need to work in almost any industry and role. If you're not quite sure which area you'd like to specialise in, or you just want to be an all-round pro, business is an ideal choice.

As a general rule, you'll also learn more "people-centred" skills in a business degree; think things like communication, sales, leadership, marketing, and so on. These are core skills you can take into any role, setting you up for future success.

But if you do want to specialise, you can do that too. You can always take a major (or two) and really expand your horizons. For example, you could study the [Entrepreneurship and Innovation](#) major at Murdoch University, or [Human Resource Management](#) at the University of Bedfordshire.

Business courses also tend to have slightly lower entry requirements. They're also incredibly popular, so you won't have to go far to find a university that offers this course.

Commerce: specialised knowledge

A commerce degree is for those who really want to get into the nitty-gritty of a particular business area. These courses tend to be much more thorough and in-depth, while focusing on a particular area.

A commerce degree gives you specialist skills and knowledge in your chosen area. These degrees are more analytical, and commonly involve a bigger emphasis on mathematics. If you have a particular career path in mind, a commerce degree can be a great way to learn the specific skills you need to get there.

Some common majors for commerce degrees include things like [Business Analytics](#) from Carleton University, or [Economics](#) from the University of Auckland.

Commerce courses can have slightly higher entry requirements, and also sometimes include mathematics as a prerequisite.

The similarities?

Although they have their differences, the business and commerce degrees share a lot of similarities as well.

Both are great at equipping you with the skills and knowledge you need for your future career. One isn't inherently "better" than the other, and what you learn in each will differ from university to university.

You might also see some universities offer the same major in both degrees – in this case, the content is usually largely the same and both degrees would be considered equally by employers. For example, the [Accounting](#) major is offered in both of La Trobe's business and commerce degrees – the only things that might differ between the two are other core subjects, and which electives you can choose to study.

The final decision

When making a decision about which course to study, the best course of action is to always do your research. Read the course information and handbook for each course carefully, and see if there is anything about a particular degree or university you do (or don't) like.

Want to know more about your university options? Make sure to take a look at our other blogs and resources [here](#).

[Time management hack – the Pomodoro technique](#)

If you're struggling to be productive, finish assignments, meet deadlines, or keep your revision going smoothly, the Pomodoro Technique could make a difference. A time

management hack, it's all about breaking tasks (and time) down into shorter, more manageable chunks and taking regular breaks.

Developed by [Francesco Cirillo](#) in the late 1980s when he used this technique at university, it's an effective tool that could help you to get more done. Let's take a look at how it works.

Do some preparation

This technique isn't magic, unfortunately – you'll still need to put in a bit of prep and make sure you follow through.

First, work out what you want to achieve and what time you have available to complete your tasks. You'll also need a timer – these days, you'll probably find one on your phone or computer.

If you find you're loving this technique, there are also plenty of [apps](#) that make it a breeze, some of which you can try or use for free.

The Pomodoro Technique – Step-by-step

Ready to start? Here's how it works.

Set your timer

Set the timer for 25 minutes and commit yourself to working on a single task without interruption. If something else pops in to your head while you're working, jot it down so you don't forget, but don't allow yourself to deviate.

When time's up

When the buzzer goes off, stop working and take a break. The key to the technique is to not be tempted to keep working – walk away from your desk for at least 5 minutes.

One cycle complete

One session of work and a break counts as a cycle or Pomodoro, and it's just 30 minutes in total. Keep track of how many cycles you've completed by making a note on a piece of paper – this can help you remember how long you need to accomplish similar tasks in the future.

Repeat

Go back to your task and repeat the Pomodoro cycle. After 4 or 5 Pomodoros, treat yourself to a longer break – 20 to 30 minutes is recommended.

Finishing up

Use a few minutes out of your last Pomodoro to go over all the work you've done and assess your progress. Stop when your task is complete or when you've run out of time for the day – whichever works best for you.

Wondering what the benefits are?

There can be quite a few benefits to using this technique, and the more you use it, the more effective it becomes.

You'll start learning to anticipate how long tasks will take you to finish, allowing for easier future planning. This all counts as building your planning and time management skills, which employers love to see in any job.

The technique can also teach you how to stay on track and avoid interruptions. If you're a major procrastinator, this is a really valuable skill for both study and work. Taking regular breaks can prevent you from feeling burnt out and frazzled at the end of the day. Giving information time to sink in during breaks also increases your understanding and retention of what you've been learning.

Why not give it a go?

You might have to try the Pomodoro Technique out for a few days to get used to it and decide whether it works for you, but it's definitely worth a try if you've been struggling to keep up with a hectic study schedule.

And if you want more study tips, we have heaps more on our website [here](#).

Scholarships:

What you need to know about Co-op Scholarships

Successfully applying for a co-op scholarship could do much more for you than simply covering your study costs. They come with heaps of other great perks too. So how can you access one of these amazing opportunities? Let's find out.

Premium scholarships with extra value

[Scholarships](#) are generally sums of money awarded to applicants who meet the eligibility requirements specific to that scholarship. There are thousands available from universities, private institutions, charities, and businesses all over the world. They could really make a difference to your tertiary education experience by removing some of the financial pressure, or help you start your working life with less debt than you'd otherwise have.

How great is that? Believe it or not, a co-op scholarship is *even better*.

Co-op scholarships go the extra mile. Not only do they provide some financial benefits (or in some cases *a lot*), they could also provide you with amazing extras such as:

- Access to mentors
- Leadership and development programs
- Work experience opportunities (both paid and unpaid)
- Guaranteed accommodation
- Access to workshops and special events
- Networking opportunities

Who can apply for a co-op scholarship?

Each scholarship is unique to the institution or provider, so you'll have to check you meet the eligibility requirements before you spend time applying.

Co-op scholarships are generally open to high achievers. If you think that doesn't sound like you, it's still worth checking – merit isn't just given for amazing academic results, although it is often a pre-requisite.

Some scholarships will accept applications from people who've been recommended by their school for their outstanding contributions. Others want to reward individuals who've worked hard and made a difference with community involvement, or perhaps have shown great potential with their leadership abilities.

Competitive but worth the rewards

These esteemed scholarships are highly sought after, so the applications can be highly competitive – but they are definitely worth your time applying.

Many of these programs have a 100% success rate for employment upon graduation. You might receive an income while you're still studying at uni, as some internships are salaried. If you don't leave university with a job already lined up, the fact that you received a co-op scholarship will look fantastic on your resume, could appeal to potential employers, and may have provided you with relevant work experience and useful industry contacts. In other words, you'll definitely be ahead of the pack.

There are benefits to just applying for a co-op scholarship

Putting yourself forward for co-op scholarships will give you invaluable experience in completing intricate applications and doing well at interviews.

Your confidence could receive a little boost knowing that you're considered eligible, that your application was considered, and that you put yourself outside your comfort zone and survived intact.

In some cases, if your application isn't successful but the panel were impressed by your application, they could suggest alternative scholarships and programs to apply for. Even if you don't exactly meet the eligibility requirements but you're close, or if you've excelled in some areas and your application really stands out, providers might just bend the rules for an outstanding candidate...it could be you.

So what's the catch?

If you're granted one of these highly prized co-op scholarships, you'll be expected to take your studies seriously. You'll have to make sure you stay on track and achieve your predicted results (or better).

Once you've enrolled at university and started your course, you'll probably have to maintain a minimum grade average in order to keep the scholarship. You might even have to comply with other requirements, such as:

- Helping out at orientation week
- Committing to helping out on campus
- Active involvement within your chosen department
- Attending *all* additional programs and events that come with the scholarship

Can I defer my co-op scholarship?

Some scholarships allow you to defer, but it's unlikely co-op scholarships will because they are so competitive and sought after – you'll need to check with the individual provider to confirm this though.

If you are successful in receiving a scholarship and then need to defer your enrolment, you might have to complete another application and go through the entire process the following year (if the institution allows for that).

Where can I find out more about co-op scholarships?

Each year at Study Work Grow, we do the research for you and put it all in one easy to read place. Keep an eye out for our updated Co-op Scholarships Guide, coming soon.

In the meantime, we have heaps of other blogs on [university](#) and [money](#). You might also like to browse our [free money database](#) and see if there are any opportunities for you.

Jobs & Skills for Work:

[How to become a Makeup Artist](#)

Makeup artists use their skills and knowledge of beauty products to select and apply makeup and other cosmetics to people. They work with people who need makeup for a wide variety of reasons, including for events such as weddings, actors working in film and on stage, or as specialists in a cosmetics store.

If you are creative, love to help people look and feel their best, and want a job that can give you a great degree of flexibility, becoming a makeup artist could be perfect for you.

What skills do I need as a makeup artist?

- Creative & artistic
- Great people skills
- Dextrous with a steady hand
- Good eye for colour
- Excellent communicator
- Flexible & adaptable
- Great time management skills
- Good problem-solver

What tasks can I expect to do?

- Choose the right products for a client's needs
- Apply makeup & other beauty products
- Advise clients on colours & styles
- Provide touch-ups to keep makeup looking fresh during long events
- Give clients advice on skin care
- Help people buy the right cosmetic products
- Keep up with the latest trends in fashion & beauty
- Teach others how to apply makeup correctly

What industries do makeup artists typically work in?

- Retail Trade
- Arts & Recreation Services
- Information Media & Telecommunications

What Career Cluster do makeup artists belong to?

Because their job involves helping others to look and feel their best, most makeup artists belong to the [Guardian Cluster](#).

What kind of lifestyle can I expect?

There is lots of flexibility in the working week of a makeup artist, with most working part-time or casually. Depending on your exact role, you may need to work evenings, weekends, or holidays (to attend events such as weddings, for example).

Most makeup artists earn an average salary throughout their career.

Many makeup artists have the opportunity to travel and work on location. You can also work out of a salon, retail outlet, or home studio. You might also like to consider freelance work or starting up your own business.

How to become a makeup artist

You generally don't need any formal qualifications to work as a makeup artist but, there are many vocational and short courses you can take that can help you build your skills and make you more appealing to potential clients. Makeup artists in specific industries (e.g. film and television) may require certain qualifications or certifications. You may also receive on-the-job training to learn specific skills and techniques.

Ongoing education and development throughout your career is also vital to ensure you stay on top of the latest beauty trends and techniques.

If you're in high school and you'd like to find out if a career as a makeup artist is right for you, here's a few things you could do right now:

1. Try and find work experience in beauty, retail, or performing arts. This will give you some exposure to the industry and you can see if you enjoy the work.
2. Take short courses or workshops to start building on your skills and knowledge.
3. Practice doing makeup for friends and family, and ask for feedback so you know if there are any areas you need to improve.

Find out more here:

- [Confederation of International Beauty Therapy and Cosmetology](#)
- [Hair & Beauty Australia Industry Association](#)
- [New Zealand Association of Registered Beauty Professionals](#)
- [British Association of Beauty Therapy & Cosmetology](#)
- [Irish Screen Make-up and Effects Guild](#)
- [Professional Beauty Association](#) (US)
- [Allied Beauty Association](#) (Canada)

Similar careers to makeup artist

- Costume Designer
- Cosmetic Nurse
- Fashion Stylist
- Hairdresser
- Beauty Therapist
- Nail Technician
- Visual Merchandiser
- Performing Arts Technician

Find out more about [alternative careers](#).

[13 unusual jobs you might not know exist](#)

Some of the careers in this blog might lean more towards a weird more than just unusual. But you never know what's going to strike a chord and be the spark that ignites a career you'll love. Here's a quick read of 13 more unusual jobs you might not know exist.

Professional Cuddler

Yes, this is a real thing. You could be helping people who are struggling with loneliness, depression, trauma, medical problems, or who are simply in need of an extra cuddle...from a stranger.

Successful professional cuddlers might build an established clientele and develop repeat business, or you might just be open to one-off cuddles. You could carry out one or multiple cuddling sessions per day. Even better, the hours are flexible, and you can work from home.

Golf Ball Diver

Basically professional recyclers, golf ball divers retrieve golf balls from bodies of water in or around golf courses. The golf balls are then cleaned up, repackaged, and resold. You could be part of an organisation where you just turn up, dive, and earn a bit of money. Or you could negotiate contracts to work independently for golf courses.

It's not glamorous work, often involving heavy lifting and diving into murky waters filled with all kinds of hazards. The rewards? Well, you could earn upwards of \$100 per hour; [Glen Berger](#) claims to have made over \$15 million throughout his career.

Online Dating Ghostwriter

How about working as a modern-day cupid? You could earn cash by writing profiles for people to post on their online dating site profiles. Not everyone is great at writing, so you could help them to increase their chances of finding their perfect match.

Hippotherapist

The literal meaning of hippotherapy is "treatment with the help of a horse". You'd be using the therapeutic benefits of horses and their movement to help human patients to overcome speech, physical, or mental health disorders.

Experience with and love of horses isn't enough, unfortunately. You'll need to qualify and become licensed as a physical therapist, occupational therapist, or a speech or language therapist before you can specialise in this field.

Professional Bridesmaid

Not a wedding planner or celebrant, but still a major part of a couple's big day. A Professional Bridesmaid is more like a friend for hire – think organiser, confidant, and non-complaining member of the wedding party. If you get along well with people and want to help a bride's wedding day run smoothly, then this could seriously be a job to consider. Read more about the job [here](#) and [here](#).

Water Slide Tester

Water Slide Testers check to see if the water slides in resorts, theme parks, and hotels are both fun and safe. Imagine how fantastic it would be turning up to work every single

day...actually, you don't have to imagine – you can see what a day in the life of a Water Slide Tester involves in [this video](#).

Odour Judges

Odour Judges are hired by manufacturers of all kinds of products to test out their aroma before they hit the market. Essentially, you'd be sniff testing products to check if they smell good (or not). It's not just limited to perfumes either – think things like cleaning products, cosmetics, pre-packaged food, and toys.

You might even help a brand establish their own signature scent, which is exactly what [twin sisters Dawn and Samantha Goldworm do with their firm 12.29](#).

Face Feeler

Face feelers are also known as “sensory scientists”, which definitely sounds much more professional. In this job, you'd be using your hands to feel product testers' skin both before and after they've used lotions, creams, and other products, then report back on the differences. You'll just need to be comfortable getting (very) close to other people.

Line Stander

Are you incredibly patient, or just enjoy people watching? If you don't mind being out in the elements, you could make a bit of extra cash as a line stander. This job is basically just like it sounds – you'll be holding a spot in line for someone else who can't (or doesn't want to) do it themselves. You might be waiting for the release of movie, concert, or sporting tickets, the newest iPhone or games console, or even in line at the dreaded Black Friday sales.

There are even [websites](#) available for booking these services if you want to sign up and get started ASAP.

Bed Tester

A temporary job usually, but one that's surprisingly not competitive, is a [professional bed tester](#). Bedding manufacturers, bed designers, and luxury hotels are just some of the clients who might require your services. You could be paid to test out comfort levels, sleep quality, room conditions, and other factors.

If this sounds like your *dream* career (pun intended), you can find out more about what a job as a professional sleeper involves [here](#).

Pet Food Taster

Pet food is a multi-million-dollar industry, so it should come as no surprise then that it's taken very seriously. It's not just pets that are picky about what they eat – their owners can be very particular about the ingredients, health benefits, and smell of the food they're feeding to their beloved pets.

You'll have to assess products on packaging, smell, nutritional value, and – yes – the texture and taste as well. All in a day's work, right? Take a look at what the job involves in [this video](#).

Worm Picker

Worm pickers work in the great outdoors “hunting” and collecting earth worms. You could sell the worms directly to fishermen to use as bait, be contracted by commercial fishing companies, or work for educational institutions that use worms for teaching and research purposes.

No qualifications are required, but if you're paid per thousand worms collected, then you'll definitely need lots of commitment (and a firm grip) if you'd like to make a living from this job.

Gross Stunt Tester

Love shows like *I'm a Celebrity Get Me Out of Here* or *Survivor*? If you've ever watched the challenges taking place and thought "I could do that" – you might have a future as a gross stunt tester.

It would be your responsibility to ensure tasks are safe and contain the maximum "grossness" factor. On the plus side, you could earn up to \$800 a day...and you have to wonder if there's really much competition for jobs.

Want to keep reading?

If you'd like to read about some other unusual jobs, check out our blog [11 careers you may never have heard of](#).

Searching for career inspiration but want something a bit less outlandish? Don't worry – there's lots more to explore on our website [here](#).

Grow/Health & Wellbeing:

[7 great ways to recover from exams](#)

Exam time can be super stressful, so it's only normal to be relieved when they're over. While part of you is probably feeling euphoric, you might also be feeling drained or even a bit down. We've put together some ideas that could help get you recover from exams and get back on track.

Celebrate

Go ahead, you most definitely deserve it! You could:

- Organise a get-together with all your friends
- Pamper yourself with a really special treat, massage, or day on the couch
- Have a night out with family or friends – you could go to the movies or eat at your favourite restaurant
- Have a day at the shops and indulge in some retail therapy (but set a budget first)
- Book yourself tickets to go to a music festival or concert
- Take a day trip and spend the day doing what you love, whether that's picnicking at the beach, hiking a local trail, or hitting the water park

Look after yourself

Repay your sleep deficit with some long lie ins and early nights – no doubt you've had plenty of late nights revising and stressing.

When you're occupied with study, it's often easy to overlook your diet as well. So you could take some time now to do some home cooking or indulge yourself with nourishing foods from your favourite café.

Spend some time outside, relax, and breathe in some fresh air instead of the recycled stuff you might have been taking in at the exam halls and library.

Cleanse

Channel your inner Marie Kondo and have a huge clear out. Bin, sell, or recycle any books and study notes that you have no intention of using ever again. De-clutter your room and remove all the reminders of exams gone by. Then box up your study area and put it all away out of sight.

Plan a change

Taking a break away from home can be a great way to recover from exams. So why not plan a holiday, or even a gap year?

If you haven't got the time or the money available to do anything big, you could always arrange a camping trip and spend some time out in nature sleeping under the stars – what could be more relaxing than that?

Think ahead

This might not be right for everyone, but if you're really keen to put exams way behind you, you can start planning and organising for the next chapter of your life.

If you're about to finish school and are thinking of further study, then make sure you're as sorted as you can be. Research courses, look for scholarships, or even find a place to live.

If you're going to start work or an apprenticeship, you'll need to make sure you have everything ready to start receiving your pay, like a bank account. It might also pay to do some reading on tax and superannuation.

Have a look around for short courses, holiday programs, and workshops happening near you, or just look up fun events in your area where you could meet new people and open yourself up to new experiences and opportunities.

Build your experience

Find a job you'd like to apply for and just go for it, or see what volunteering opportunities there are near you.

You might like to start researching potential future [careers](#) – you might stumble across something that inspires you, find pathways that you didn't know about, or reaffirm a choice you've already made.

Whatever you do, don't forget to add all your new skills and experience to your resume.

Go with the flow

Just want to turn your brain off and do nothing? Make the most of your time off by simply sitting back and enjoying a bit of breathing room. We all need some downtime every now and then, so don't feel guilty about just taking each day as it comes.

Find out more

If you want some other ways to recover from exams, we have heaps of other wellbeing tips on our website [here](#).