

A Message from the Director of Co-Curricular

Dear Parents and Guardians,

I am excited to be writing to you for the first time as the Director of Co-Curricular (P-12). Within this newly created role, I will be working within the Junior School to expand upon our current Co-Curricular offerings. The Junior School currently provides students with the opportunity to engage in a range of Clubs, including Chess, Swimming and Tennis, outside of classroom hours.

The Junior School now has the opportunity to expand our co curricular offerings in semester 2 of 2024 with Racquet Club. Utilizing our 3 indoor Squash courts in the Glen Centre, we are offering a multidisciplinary, conditioning and body movement program to students in Years 3 to 6 centered around racquet sports.

A hybrid mix of Racquetball, Badminton, Pickleball and Squash, Racquet Club has been created by Commonwealth Games Gold Medalist, Rex Hedrick and Corben White of Westerfolds Sports Centre. The program's long-term aim is to develop the players core strength, agility, cardiovascular fitness and all round racquet skills.

Squash and Badminton are both Olympic sports and pickleball is the new sensation that Mr Gregory introduced to the boys in year 3 in the form of his 'Batennis' programme.

In addition to being the provider of our successful Swim Club, Westerfolds is home to the largest Squash Club in Melbourne. Internationally recognised as the home of Squash in Victoria, Westerfolds has a long history of developing 'grassroot' beginners to become elite PSA (Professional Squash Association) world ranked players, with links to elite clubs around Melbourne and Asia Pacific. Racquet Club will be run and supervised by Westerfolds coaches. Scotch teaching staff will not be in attendance.

I am reaching out to seek expressions of interest from families in a Racquet Club, to commence in Semester 2 this year. Spots are limited and the boys will receive a high level of one on one tuition as the ratio is 1:5.

If the expressions of interest meet the level required to proceed with the scheduling of Racquet Club, two sessions would be offered each week:

Monday PM- 3.25 pm to 4:50pm.

Wednesday AM -6:45am to 8:25am when school commences.

Further details about the drop off and pick up arrangements for these sessions can be found below.

On Court time	Drop Off Meeting Time	Drop Off Location	Pick Up Meeting Time	Pick Up Location
Monday 3:45pm to 4:45pm	3:35pm	Flagpoles (Main Oval)	4:50pm	Flagpoles
Wednesday 7:00am to 8:00am	6:45am	Flagpoles (Main Oval)	NA	NA

Racket Club would be strictly capped at 28 students due to the space limitations and the focus on quality coaching ratios. The cost is \$44 (incl. GST) for each session, payable upfront for the full semester via the Westerfolds payment portal. Full details on how many weeks included in each semester will be provided after the expression of interest has closed.

Boys will be required to wear Scotch PE uniform. All racquets, other equipment and mandatory eyewear will be supplied by Westerfolds on a weekly basis.

If you would like to take advantage of this opportunity, then don't delay as spaces will be limited to 14 boys on Monday and 14 boys on Wednesday. Please click on the survey link below.

This survey will remain open until Friday 12 July. (Please note that this survey link will not record email addresses).

<https://forms.office.com/r/2WF7H96h40>

Yours sincerely,

Adam Somes

Director of Co-Curricular (P-12)