

APS LEAD-UP ATHLETICS MEETING FOR BOYS
Saturday 31 August 2024, 8.20am - 12.00 noon at
Box Hill Athletic Track, Elgar Road, Box Hill (Hagenauer Reserve)

TRACK EVENTS

8:20am	3000 metres	Open
8:30am	100 metres	Open Front straight U17 Front straight U16 Front straight U15 Front straight U14 Back straight U13 Back straight
9:30am	Hurdles 800 metres	U13 to Open Open Stagger start (2 / lane) U17 Stagger start (2 / lane) U16 Stagger start (2 / lane) U15 Stagger start (2 / lane) U14 Stagger start (2 / lane) U13 Stagger start (2 / lane)
10:10am	200 metres	Open U17 U16 U15 U14 U13
10:30am	1500 metres	Open-U17 U16-U15 U14-U13
11:00am	400 metres	Open -U13
11:40am	4 x 100 metres Relays	Open - U14

FIELD EVENTS

8:45am	High Jump	U13 - U14
9:00am	Shot Put 5k/6k Triple Jump (east) Long Jump (west)	U17-Open U16 U17-Open
9.40am	High Jump Shot Put 4k Triple Jump (east) Long Jump (west)	U16 U16 U17-Open U13-U14
10.00am –11.30am	Discus Throw	ALL AGE GROUPS
10:15am	Shot Put 4k	U15
10:30am	High Jump Triple Jump (east) Long Jump (west)	U17- Open U13-U14 U15
10:50am	High Jump Shot Put 3k	U15 U13-U14
11:10am	Long Jump (east) Triple Jump (west)	U16 U15

Timing gates provided for Front Straight 100m, 200m, 400m and Relays.

OFFICIALS

Announcer, Marshals & Starters SKC

RELAY CHANGEOVERS

1. MGS 2. XC 3. SC

HURDLES

MGS, SKC, SC, XC to assist

FIELD EVENT OFFICIALS

High Jump	U15/U16/U17/Open U13/U14	MGS
Shot Put		CAUL
Triple Jump		SKC
Long Jump		SC
Discus Throw		XC

FIRST AID

APS Sport

COMPETING SCHOOLS

SKC, MGS, SCC, XC