

Scotch College

Future Pathways

News

September 2, 2024

Course, Careers & Campus Information:



Where can an Arts Degree take you?

There is often the debate about the value of an Arts Degree and what kind of role an Arts graduate could find in industry. The list of roles is quite varied, and includes -

- Teaching & educational administration
- International aid and trade agencies
- Arts production and management
- Public service and social welfare agencies
- General management and administration (local and global)
- Communications industry, publishing, media, and public relations
- Tourism and hospitality

One of the very important things for students to note, is that an Arts student learns skills that are very transferrable in industry. These include **communication skills, critical thinking and reading skills, analytical skills, and research skills**. Watch this very useful YouTube video about a [Career with a Bachelor of Arts](#) produced by Monash University.

The Bachelor of Laws brings law to life. With coursework designed and delivered in close partnership with respected Australian law firms, you'll be ready to hit the ground running upon graduation.

Delivered by leaders of industry in the heart of Melbourne, this 3-year law degree draws on deep industry connections to give students as much real-world experience as possible. The practical component is balanced with a thorough theoretical grounding in the Australian legal system and fundamental legal principles and concepts.

As well as learning how to analyse and solve problems involving questions of law, students will also develop a suite of invaluable skills that will prepare them for a career as a legal practitioner or in a law-related field. Such skills include effective writing, drafting, advocacy, interviewing and advising, negotiation, teamwork and presentations.

The VCE entry requirements are Units 3 and 4: a study score of at least 25 in English other than EAL or at least 30 in English as an Additional Language (EAL), and an ATAR in the region of 85.00.

Find out more by browsing [Studying Law at RMIT](#).

 **Pathways to a Federation Degree**

VCE students who achieve their ATAR with a study score of at least 20 in any English and an ATAR of 45.00, can use a Federation Higher Education Diploma to pathway into the second year of a Federation Engineering, Business, or Information Technology degree.

- [Diploma of Engineering \(Higher Education\)](#)
- [Diploma of Information Technology \(Higher Education\)](#)
- [Diploma of Business \(Higher Education\)](#)



Explore Various Ways to Join the ADF

There are several ways to join the Navy, Army or Air Force with many roles offering more than one entry method.

To help students choose the right way, the entry methods have been broken down into a simple summary – browse [Ways To Join - ADF Careers](#).



On-demand Webinars at Deakin

When it comes to choosing a university course, gathering information can be time-consuming and overwhelming. That is why Deakin University has created a series of **on-demand webinars**. Covering all the study information students need, the webinars are available in one convenient location and accessible 24/7, so students can watch them whenever and wherever they like.

The comprehensive suite of webinars covers more than 50 undergraduate and postgraduate study areas, as well as other important information about how to apply and studying online.

These can be accessed at [On-demand Webinars](#).



Studying Science at the University of Melbourne

Maybe you've always known that you wanted to be a marine biologist. Or perhaps you're still deciding whether you want to be an engineer or a geologist. A doctor or a vet? A data scientist or a physicist? A chemist or a psychologist?

The [Bachelor of Science](#) is a pathway to all these careers, and hundreds more. With more than 40 majors on offer, students can select from the full range of *science, biomedicine, mathematics, engineering, and IT subjects*.

The Bachelor of Science is a **3-year degree**, in which students complete **24 subjects**. Of the 24 subjects, some will contribute to their **major** (chosen specialisation), some will be **science electives** (other science subjects), and some will be **breadth** (non-science) subjects.

A very useful link to browse is [Tips for Choosing a Science Major](#) and students are also encouraged to view this [video](#).

NOTE: Nuclear-Powered Submarines Student Pathways Program

Join Australia's next generation of expert scientists. Beginning in 2024, domestic students commencing the Bachelor of Science have an opportunity to participate in the Australian Government's Nuclear-Powered Submarines program (NPS). To take part, students need to undertake an undergraduate science degree focusing on key areas needed for a career in the NPS workforce, with a *major in one of physics, chemistry or mathematics and statistics*.

Scholarships are available through a range of programs including the University's [Narrm Scholarship Program](#). The Australian Government is also offering [STEM cadetships](#) to eligible participants, comprising 60 paid work placement days (approx. \$12,000 per annum), reimbursement for books and resources up to \$1,000, a \$3,000 bursary, mentorships and career opportunities in Defence.



Diploma of Teacher Education Preparation

*The **Diploma of Teacher Education Preparation** may be the right study choice for students with the motivation, capability and personal attributes to be a great teacher.*

The **Diploma of Teacher Education Preparation (Dip TEP)** is an accredited AQF5 level qualification aimed at students who do not initially meet the minimum ATAR for teaching. The course was developed as part of the [Victorian Government's Excellence in Teacher Education Reforms](#) to ensure that disadvantage and diverse educational experiences are not a barrier to capable and committed people who want to pursue a career in teaching.

Successful completion of the Dip TEP will ensure that students graduate with the prerequisite knowledge and skills to undertake a rigorous undergraduate teacher education course. The Dip TEP supports students to meet the literacy and numeracy standards they will need in order to graduate with a teaching qualification and supports them to meet the demands of study at a higher education level.

The course introduces students to contemporary issues in education and to teaching as a profession, including practical school-based placement.

The course is offered by a number of institutions, including [ACU](#), [RMIT](#), [Swinburne](#), and [VU](#).

Thinking about an apprenticeship or traineeship next year?

The IELLEN are hosting an Apprenticeship & Traineeship Employment Event for soon to be school leavers. There will be most of the local Group Training Organisations, Apprenticeship Connect Providers and Employers attending that recruit 100's of young people into apprenticeships and traineeships each year.

The industries covered are all your typical trades, but also IT and Business traineeships and so much more. It's designed for all young people that are looking to go into an VET employment pathway post school.

The aim is for students to apply for lots of roles on the spot and to speak to employers to hear about all the exciting opportunities available to them. Students should bring resumes, cover letters and a note pad, so they can take down the details of the employers they speak to. Hopefully these students have a job offer before completing school in Oct/Nov!

This event is an after-school event, designed for students and parents/guardians to attend. Starting at 3.30pm and going until 5.30pm.

Date: Tuesday, 17th September

Time: 3.30pm to 5.30pm
Location: Glen Eira Town Hall – Cnr Hawthorn and Glen Eira Rd's Caulfield

Link to the TryBooking page is - <https://www.trybooking.com/CSEGM>



Apprenticeship &
Traineeship Employm



VCE Extension Studies in 2025

➤ **Deakin University – Deakin Accelerate**

Deakin Accelerate is a distinctive VCE higher education program that allows students to study two first-year university subjects during Year 12. Studying one subject per trimester, this selective program gives students a head-start into university studies and also provides a potential contribution to their all-important ATAR score.

Besides the challenge of taking on a university subject, this subject may also count as part of the VCE and contribute towards the ATAR as the fifth or sixth subject.

There are no tuition fees for Deakin Accelerate.

Find out more, including the subjects on offer, at [Deakin Accelerate](#).

➤ **Federation University – Advance to University**

Advance to University is an opportunity for Year 12 students to study first year university units as part of their VCE. Successful completion of these units may contribute towards the ATAR, and students get credit towards their university degree.

There are no fees for Advance to University.

Find out more, including subjects on offer, at [Advance to University](#).

➤ **La Trobe University – Aspire Achieve Plus Program**

Achieve Plus is an opportunity for high achieving Year 12 VCE students to complete a pair of first-year university subjects – one in each semester – in their Year 12 and have them recognised as part of their VCE.

There are no fees associated with the Aspire Achieve Plus Program.

Find out more, including the subjects on offer at [Achieve Plus](#).

➤ **RMIT University – VCE Extension**

RMIT's VCE Extension allows domestic Year 12 students to undertake university subjects while completing their VCE. These courses may be eligible for credit in a related RMIT program.

Students will get a taste of university life; they attend lectures and study on campus with full access to all the services and facilities enjoyed by RMIT students. The two **VCE Extension**

courses on offer are counted towards the VCE and may contribute towards their ATAR. There are no fees for RMIT Extension courses.

Find out more, including the subjects on offer, at [VCE Extension](#).

➤ **University of Melbourne – Extension Program**

The ***Extension Program*** is an opportunity for high achieving Year 12 students to study a university subject whilst at school which counts towards their ATAR, as well as experience university life.

There are no fees for participation in the Extension Program.

Find out more, including the subjects on offer, at [Extension Program](#).



Global And International Studies Degrees in Victoria in 2024

Many universities in Victoria offer courses that include major studies in *international studies*, *global studies*, *international relations*, *policy studies*, *politics*, etc. that students keen on a career as a diplomat, or working in government or NGO's, might be keen on studying. Students should note that the prerequisite VCE subject for most of the degrees listed below is only an English or EAL, although a course at Monash does require a maths as well *. Note: international studies, global studies, international relations, policy studies, politics, etc., are offered in a number of Bachelor of Arts degrees as majors or minors too. For a comprehensive list of all relevant courses (including the many other double-degree options) on offer at universities, visit [VTAC](https://www.vtac.edu.au).

UNIVERSITY	COURSE	MAJOR STUDIES IN 2024
ACU	Arts/Global Studies	Business Studies, Criminology, Drama, Economics, English, History, Mathematics, Media, Music, Philosophy, Politics and International Relations, Psychology, Sociology, Study of Religions/Theological Studies, Visual Arts.
	International Development Studies	International Development Studies.
Deakin	Arts/Master of International Relations	Animation (minor only), Anthropology, Arabic, Chinese, Criminology, Design thinking (minor only), Education, English - children's literature, English - creative writing, English - literature, Film and television studies, Gender and sexuality studies, History, Indigenous studies (Online, minor only), Indonesian, International relations, Media and communication, Media studies, Performing arts, Philosophy, Politics and policy studies, Public relations studies, Religious studies, Social media, Sociology, Spanish, Sport and society (minor only), Sport journalism, Strategic advertising, Visual arts and photography, Visual communication design, Web design (minor only).
	International Studies (Global Scholar)	Anthropology, Arabic, Chinese, Global experience, Indonesian, International relations, Politics and policy studies, Spanish.
^^ Law/PPE new from 2024	International Studies	Anthropology, Arabic, Chinese, Indonesian, International relations, Politics and policy studies, Spanish.
	Politics, Philosophy and Economics ^^	Economics, Philosophy, Politics.
La Trobe	Global Studies	Asian politics and security, Chinese studies, Conflict and negotiation, French studies, Government and policy, Greek studies, Hindi studies, Human rights, International relations, Italian studies, Japanese studies, Spanish studies, Sustainability and development.
	Politics, Philosophy and Economics (PPE)	Economics, Philosophy, Political Economy, Political Philosophy, Politics.
Monash	Global Studies	Global studies, Human rights, Intercultural studies, International relations, International studies, Languages.
	International Relations	Climate futures, Comparative politics, Development, rights and power, International Relations, Peace, conflict and security, Policy and governance, Politics.
	Politics, Philosophy, and Economics (PPE) *	Economic analysis, Economics, Philosophy, Politics and governance.
* A Maths is a prerequisite		
RMIT	International Studies Three specialisations on offer: *Development *Global Security *Languages	Arms control, Cross cultural studies, Cultural diversity, Development studies, Gender studies, Global security, Globalisation, History, Human rights, Humanitarian assistance, International development, International economics, International law, International relations, International studies, Language and literacy, Languages and culture studies, Politics and policy studies, Social research methods.
Swinburne	Arts	Climate and social justice, Criminology, Ethics and technology, Indigenous studies, Literature and creative writing, Perspectives on globalisation , Politics power and technology, Screen studies and popular culture.
Uni Melbourne	Arts	Ancient world studies, Anthropology, Arabic studies, Art history, Asian studies, Chinese societies (minor), Chinese studies, Classics, Creative writing, Criminology, Development studies (minor), Digital studies (minor), Economics, English and theatre studies, English language studies (minor), Environmental studies (minor), European studies (minor), French studies, Gender studies, Geography, German studies, Hebrew and Jewish studies, History, History and philosophy of science, Indigenous studies, Indonesian studies, Islamic studies, Italian studies, Japanese societies (minor), Japanese studies, Knowledge and learning (minor), Korean studies (minor), Law and justice (minor), Linguistics and applied linguistics, Media and communications, Medieval and early modern studies (minor), Philosophy, Politics and international studies , Psychology, Russian studies, Screen and cultural studies, Sociology, South Asian studies (minor), Spanish and Latin American studies.
VU	Community Development	Community development.

Snapshot of the University of Queensland (UQ) in 2024

- UQ is one of Australia's leading research and teaching institutions.
- UQ is consistently ranked well inside the top 50 of more than 10,000 universities worldwide - [International Rankings](#).
- UQ is located in and around Brisbane, and the university has teaching and research sites throughout Queensland, and its major campuses are at St Lucia, Gatton, and Herston - [Campuses & Locations](#).
- There are six faculties at UQ, which are responsible for academic programs and decisions regarding a student's pursuit of their academic program - [Faculties](#).
- At UQ students can choose from an extensive range of undergraduate programs, many of which can be "customised" by major – and minor – fields of study. Programs are organised through schools and faculties, but sometimes a student can "mix and match" between them with electives and dual degrees - [Courses & Programs](#).
- UQ has a diverse student exchange program, and students can study overseas for up to one year while gaining credit towards their UQ degree. UQ has over 120 exchange partners in over 30 countries - [UQ Abroad](#).
- Students keen on learning another language can enrol in one of over 30 different language courses through UQ's Institute of Modern Languages - [Institute of Modern Languages](#).
- There are over 200 clubs and societies at UQ, all aimed at expanding a student's social life, playing an important role in the UQ student experience - [Clubs and Societies](#).
- The [Employability Award](#) program is a structured program that recognises the personal and professional development a student gains from their involvement in activities above and beyond academic studies.
- UQ has a dedicated website designed for future students to find answers to all the questions they might have about studying at UQ - [UQ Answers](#).
- UQ has some excellent facilities including -
 - * a state-of-the-art multi-purpose learning space for first-year engineering students - [Engineering](#)
 - * the School of Veterinary Science complex - [Veterinary Science](#)
 - * the Pharmacy Australia Centre of Excellence (PACE) precinct which houses the School of Pharmacy - [Pharmacy](#)
- UQ has 10 residential colleges and a number of residences - [Accommodation](#).
- UQ offers a range of scholarship options to make university study more affordable, ranging in value up to \$12,000 per year for the VC Scholarship - [Scholarships](#).



Pathways into Medicine and Dentistry Live Webinar

September 7, 2024

This forum is an excellent opportunity for teachers, students and their parents to find out about the UCAT, pathways into medicine, and have all questions answered by an expert teacher who has been working in the field since 1999.

The session is packed with invaluable information during which we will be covering the following topics, and more:

- What is UCAT? UCAT scores? UCAT Sub-tests?
- Year 10, 11 and 12 - things to consider now.
- The Undergraduate Selection Criteria
- Application process into universities for medicine and dentistry
- When and who can sit the UCAT
- GAMSAT
- Can you prepare for the UCAT?
- Undergraduate interview process
- What, how and why about Gap Year?
- Alternative degrees and career choices
- Work experience advice
- Q & A

[Find out more](#)

University of Sydney | Online Open Night

September 19, 2024

Domestic students living in regional or interstate areas are invited to the University of Sydney's online Open Night.

Find out about the new Regional and Remote Entry Scheme, the single scholarship application process, and other University of Sydney highlights.

You'll then have the chance to join dedicated breakout rooms and chat with staff from our faculties, admissions, scholarships, and accommodation, and have all your questions answered about life in Sydney.

[Find out more](#)

Casper Test Preparation – Webinar

September 7, 2024

If you will be applying to Curtin University (Medicine) this year, apart from the UCAT, you will also need to register and complete the [Casper Test](#).

[Rebekah Ramsey](#) will be conducting a 4-hour interactive and informative webinar designed to provide students with the guidance and support they need to prepare.

During the workshop, Rebekah will discuss the expectations of the test, and how Curtin might use the results, and unpack the questions and outline possible criteria for assessment.

You will also work on the “on camera” techniques to be able to showcase your true self while answering the questions. Finally, you will look at the timing of the applicant responses and how to get the most out of the time that you must answer each question.

[Find out more](#)

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- Alternative degrees and career choices
- Work experience advice
- Q & A

[Find out more](#)

Study:

How technology is changing trades

When you think of vocational education, what comes to mind? Mechanics working on cars, electricians wiring houses, or chefs preparing meals in bustling kitchens? While these traditional images still hold true, the world of vocational education is rapidly evolving. Technology is transforming these trades in exciting ways, opening up new opportunities and changing how we think about vocational careers.

Let's explore how technology is reshaping vocational education and what it means for your future career prospects.

The tech revolution in trades

Gone are the days when vocational careers were seen as low-tech options. Today, technology is an integral part of almost every trade. Here are some examples:

Construction and Engineering

3D printing is revolutionising construction. Imagine being able to 'print' entire houses! Building Information Modelling (BIM) software is also changing how buildings are designed and constructed. As a result, construction workers and engineers now need skills in computer-aided design and 3D modelling.

Automotive

Cars are essentially computers on wheels these days. Auto mechanics now need to be as comfortable with diagnostic software as they are with a wrench. Electric and hybrid vehicles are also creating new specialisations within the automotive trade.

Culinary Arts

Even cooking has gone high-tech. From sous-vide machines to 3D food printers, chefs are using advanced equipment to create culinary masterpieces. There's also a growing need for chefs who can cater to specialised diets and create plant-based alternatives, requiring knowledge of food science and nutrition.

Healthcare

Healthcare technicians are using increasingly sophisticated equipment. From operating MRI machines to managing electronic health records, technology skills are crucial in modern healthcare settings. They are also helping to bring vital healthcare to areas of the world that need them most.

What does this mean for you?

If you're considering a vocational pathway, these technological advancements offer exciting possibilities. Here's what you need to know:

New skills are in demand

Along with traditional trade skills, employers are now looking for tech-savvy workers. Skills like coding, data analysis, and proficiency with specialised software are becoming increasingly valuable in vocational fields.

Continuous learning is key

With technology evolving rapidly, the ability to learn and adapt is crucial. Vocational education is no longer just about mastering a specific set of skills – it's about developing the ability to continuously update your knowledge and adapt to new technologies.

Increased career opportunities

As trades become more tech-focused, new career paths are emerging. For example, you could become a drone operator for construction sites, a 3D printing specialist, or a smart home systems installer.

Higher earning potential

With increased skill requirements often comes higher pay. Many high-tech trade jobs offer competitive salaries, especially for those who can bridge the gap between traditional skills and new technologies.

How can you prepare for this tech-driven future?

If you're interested in a vocational career, here are some steps you can take to prepare for technology-driven changes:

1. **Stay curious about technology:** Keep up with tech trends in your area of interest. Follow [industry news](#), watch relevant YouTube channels, or join online forums.
2. **Develop your digital skills:** Learn [basic coding](#), get comfortable with different software applications, and don't be afraid to experiment with new technologies.
3. **Consider 'hybrid' courses:** Look for vocational courses that combine traditional trade skills with relevant technology training.
4. **Seek hands-on experience:** Look for internships or part-time jobs that allow you to work with the latest technologies in your chosen field.
5. **Embrace lifelong learning:** Understand that your education won't stop when you finish your initial training. Be prepared to continue learning throughout your career.

The future is bright for tech-savvy tradespeople

The integration of technology into traditional trades is creating exciting opportunities for those willing to embrace change. By combining hands-on skills with technological know-how, you can position yourself for a rewarding and future-proof career in the trades.

Remember, the most successful tradespeople of the future will be those who can bridge the gap between traditional skills and new technologies. So if you're passionate about working with your hands but also love technology, a modern vocational pathway could be the perfect fit for you.

Want to know more?

If you're excited about the possibilities of tech-driven vocational careers, there's plenty more to explore. Check out our other blogs on vocational education and career pathways [here](#). And don't forget to talk to your school's career advisor about vocational education options in your area.

Courses for jobs that don't exist yet: Future-proofing your degree

Ever feel like the world is changing so fast that by the time you finish university, the job you're studying for might not even exist anymore? You're not alone. With technology advancing at lightning speed and [new industries popping up all the time](#), it can be tricky to know which university degrees will set you up for success in the future job market. But don't worry – we have some tips to help you choose a course that will set you up for a future job, even if it doesn't exist yet.

Why do we need to future-proof our degrees?

The world of work is evolving rapidly. Think about it – jobs like social media manager, app developer, or drone operator didn't exist 20 years ago. And in another 20 years? Who knows what new careers will be out there! That's why it's crucial to choose a university course that will equip you with skills and knowledge that will remain relevant, no matter what the future job market looks like.

Here are some things to look for when considering your future course to ensure it will prepare you for a job that doesn't exist yet:

Focus on transferable skills

When choosing a university course, look for ones that emphasise transferable skills. These are skills that are valuable across many different industries and roles. Some key transferable skills to look out for include:

- Critical thinking and problem-solving
- Communication (both written and verbal)
- Teamwork and collaboration
- Adaptability and flexibility
- Digital literacy
- Creativity and innovation
- Leadership and project management

Courses that help you develop these skills will give you a solid foundation for a variety of future careers, even ones that don't exist yet.

Consider interdisciplinary programs

The jobs of the future are likely to require knowledge from multiple fields. For example, a role in sustainable urban planning might need expertise in environmental science, architecture, and public policy. Look for university courses that offer interdisciplinary programs or the flexibility to combine different areas of study. This approach can make you more adaptable to future job market needs.

Embrace technology and data

No matter what field you're interested in, chances are it will be impacted by technology in the future. Courses that incorporate elements of computer science, data analysis, or digital technologies can give you a competitive edge. Even if you're not planning on a tech-focused career, having these skills in your toolkit [can be incredibly valuable](#).

Look for courses with industry connections

Universities that have strong links with industries can help you stay up-to-date with the latest trends and developments in your field of interest. Look for courses that offer:

- Internship or work placement opportunities
- Guest lectures from industry professionals
- Projects involving real-world problems
- Opportunities to network with potential employers

These experiences can give you valuable insights into how your chosen field is evolving and help you build connections for your future career.

Don't forget about soft skills

While technical skills are important, don't underestimate the value of soft skills. Courses that help you develop emotional intelligence, cultural awareness, and ethical reasoning can prepare you for leadership roles in the future. These skills are becoming increasingly important in our interconnected, global workforce.

Stay curious and keep learning

Remember, your university degree is just the beginning of your learning journey. The most future-proof skill of all is the ability to keep learning and adapting throughout your career. Look for courses that foster a love of learning and teach you how to acquire new skills independently.

Some future-focused degree options to consider

While no one can predict the future with certainty, here are some degree areas that experts believe will be in high demand in the coming years:

- Environmental Science and Sustainability
- Data Science and Analytics
- Artificial Intelligence and Machine Learning
- Biotechnology and Genetic Engineering
- Cybersecurity
- Human-Computer Interaction
- Renewable Energy Engineering
- Digital Marketing and Content Creation
- Health Informatics
- Robotics and Automation

Remember, these are just suggestions. The most important thing is to choose a course that aligns with your interests and strengths. After all, you're more likely to succeed in a field you're passionate about.

Final thoughts

Choosing a university course for a job that doesn't exist yet can feel daunting, but it's also exciting. By focusing on developing a broad skill set, staying adaptable, and nurturing your curiosity, you'll be well-equipped to tackle whatever the future job market throws your way. Remember, the goal isn't just to prepare for a specific job, but to build a foundation for a fulfilling and adaptable career.

Want to explore more about your study options and future careers? Check out our other blogs [here](#) for more insights and advice.

Jobs & Skills for Work:

7 jobs for people who love travel

If you have a passion for travel and exploring new places, why not turn that love into a career? There are plenty of jobs out there that allow you to see the world while earning a living. Here are 7 exciting careers that are perfect for people who love to travel.

Travel Blogger

Travel bloggers share their adventures with the world through blogs, social media, and videos. If you love traveling and have a knack for storytelling, this could be a great job for you. You'll get to visit new places, take stunning photos, and write about your experiences, all while building a following and potentially earning income from sponsorships and advertising.

How to get there: Start by creating your own travel blog or social media channel. Build a portfolio of your work and gain followers. Many travel bloggers start as hobbyists before turning it into a full-time career.

Flight Attendant

Flight attendants get to travel around the world as part of their job. They ensure that passengers have a safe and comfortable flight, provide excellent customer service, and handle emergencies. This job offers the chance to see new destinations frequently, all while working in an exciting environment.

How to get there: You'll need to complete training with an airline, which typically includes customer service, safety procedures, and emergency protocols. Being a flight attendant often requires a high school diploma and good communication skills.

Travel Nurse

Travel nurses are healthcare professionals who work temporary assignments in different locations. If you're a nurse who loves new experiences, this job allows you to explore various cities and healthcare settings while providing essential care to patients.

How to get there: You'll need a nursing degree and a valid nursing license. Travel nurses usually work with agencies that arrange short-term assignments in different locations.

Tour Guide

Tour guides lead groups of tourists around interesting and historical locations, sharing information and making the experience enjoyable. This job is perfect for people who love meeting new people and showing off their favourite destinations.

How to get there: Depending on the location and type of tours, you might need specific certifications or knowledge about local history and attractions. Many tour guides start with a passion for the area they're showing and gain experience through local tour companies.

International Consultant

International consultants work with companies or organizations around the world, offering expertise in areas like business, technology, or management. This job often involves traveling to different countries to meet with clients, provide solutions, and manage projects.

How to get there: A degree in your field of expertise, along with experience and possibly certifications, can help you become an international consultant. Strong communication skills and adaptability are key.

Travel Photographer

Travel photographers capture beautiful images of landscapes, people, and cultures from around the world. If you have a passion for photography and love exploring new places, this job lets you combine both interests while working on assignments for magazines, websites, and other media.

How to get there: Build a strong portfolio of your work and consider taking photography courses to hone your skills. Networking and pitching your work to publications or travel companies can help you get started.

Cruise Ship Worker

Working on a cruise ship can be a fantastic way to travel the world while working in a variety of roles, from entertainment and hospitality to management and engineering. Cruise ship jobs offer the opportunity to visit numerous destinations and meet people from all over the globe.

How to get there: Depending on the position, you may need specific skills or experience in areas like hospitality, entertainment, or marine operations. Apply to cruise lines and be prepared for a lifestyle that involves living on the ship for extended periods.

What are you waiting for?

If you love to travel, turning that passion into a career can be incredibly rewarding. Whether you're guiding tours, capturing photos, or working on a cruise ship, there are plenty of opportunities to see the world while earning a living. Explore these careers and find the one that's right for you, and start your journey to a job that lets you travel the globe!

Keen to explore more options? You can read more about different jobs and careers on our website [here](#).

[How to negotiate your first salary](#)

Landing your first job is an exciting milestone, but depending on the role, you might have to negotiate your salary with your manager. When it comes to discussing your salary, you might find it a bit overwhelming, or feel uncomfortable discussing your needs so early into the job. Don't worry though—we've got you covered with all the steps you'll need to feel comfortable and look professional.

In this guide, we'll break down the basics of negotiating your first salary so you can confidently advocate for yourself and start your new job on the right foot.

What is salary negotiation?

Salary negotiation is the process of discussing and agreeing on your pay with your future employer. It's your opportunity to make sure you're getting a fair salary for the work you'll be doing. This might sound a bit intimidating, but it's a normal part of the job application process and something that everyone does at some point in their career.

Step-by-step:

Here's how you can negotiate your salary without any stress:

1. Find out what's normal

Before you talk about salary, check how much people in similar jobs usually get paid. You can find this info on job websites or by asking around, but knowing the average salary helps you figure out what's fair to ask for.

2. Know what you bring to the table

Think about what skills and experiences you have. Even if you're just starting out, you might have done cool projects or have special skills, or maybe you even did an internship or some work experience that you found through our [work database](#).

If you've done anything of note that might relate to your job, mention these when you talk about your salary to show why you deserve a higher pay.

3. Practice what to say

It's helpful to practice how you'll ask for your salary so you don't forget what you wanted to say. If you're extra nervous, you can even write out a script and practice it with a friend or family member. This way, you'll feel more confident when you talk to your future boss, which will help show off some more of your valuable [soft skills](#).

4. Be positive and open

When you discuss your salary, keep a positive attitude. It's not a fight—just a chat. If they offer less than you hoped for, you might consider being open to other benefits like extra vacation days or a flexible work schedule.

5. Get the offer in writing

After you agree on your salary, make sure you get everything in writing. This includes how much you'll be paid and any extra benefits. This way, you both know exactly what to expect, and you can refer to it in the future if you need to.

Final thoughts and next steps

Negotiating your salary might seem a bit scary, but it's an important part of starting your first job. By learning what's fair, knowing your worth, and practicing what to say, you'll feel way more comfortable asking for a fair pay.

For more easy-to-follow tips on starting your career and finding jobs, check out our other blogs and resources on our website [here](#).

Health & Well-Being:

[8 steps to building resilience](#)

Life can be a rollercoaster, especially when you're in high school. One day you're acing your exams, and the next, you're struggling to understand a new concept. Maybe you didn't make the sports team you were hoping for, or you had a falling out with a friend. These ups and downs are a normal part of life, but how you handle them can make a big difference in your overall happiness and success. That's where resilience comes in.

In this blog, we're going to go over some of the key steps you can follow to build resilience and learn how to deal with life's unexpected surprises.

What is resilience?

Resilience is like a superpower that helps you bounce back from tough situations. It's the ability to adapt to challenges, cope with setbacks, and keep moving forward even when things get difficult. Think of it as your inner strength that helps you weather life's storms.

Why is resilience important?

Having resilience doesn't mean you won't face difficulties or feel upset when things go wrong. It means you have the tools to cope with these situations and come out stronger on the other side. Here's why building resilience is so important:

1. It helps you handle stress better
2. It [improves your mental health and wellbeing](#)
3. It can boost your academic performance
4. It prepares you for future challenges in life and work
5. It helps you build stronger relationships

How can you build resilience?

Building resilience is like working out a muscle – the more you practice, the stronger you get. Here are some practical ways to develop your resilience:

Develop a growth mindset

Instead of thinking “I can't do this,” try “I can't do this *yet*.” Embrace challenges as opportunities to learn and grow. Remember, every expert was once a beginner.

Practice self-care

Take care of your [physical and mental health](#). Get enough sleep, eat well, exercise regularly, and make time for activities you enjoy. When you feel good physically and mentally, you're better equipped to handle challenges.

Build strong connections

Surround yourself with [supportive friends and family](#). Having people you can turn to when things get tough can make a big difference. And remember, don't be afraid to ask for help when you need it.

Set realistic goals

Break big goals into smaller, manageable steps. Celebrate your progress along the way, no matter how small. This helps build confidence and motivation.

Learn from setbacks

When things don't go as planned, take time to reflect. Ask yourself:

- What can I learn from this experience?
- What would I do differently next time?
- What are some positive things that came out of this situation?

Practice positive self-talk

Pay attention to your inner voice. Are you being too hard on yourself? Try to replace negative thoughts with more balanced, realistic ones. For example, instead of “I'm terrible at maths,” try “Maths is challenging for me, but I'm working on improving.”

Develop problem-solving skills

When faced with a challenge, take a step back and brainstorm possible solutions. Consider the pros and cons of each option before deciding on a course of action.

Find meaning in difficult situations

Try to see the bigger picture. How might this challenge help you grow or prepare you for future success? Sometimes, our biggest struggles lead to our greatest strengths.

Putting it into practice

Building resilience takes time and effort, but it's a skill that will serve you well throughout your life. Here's a small exercise to get you started:

Think about a recent setback or challenge you faced. Write down:

1. Three things you learned from the experience
2. Two ways you could approach a similar situation differently in the future
3. One positive outcome that came from the challenge

Remember, everyone faces difficulties at some point. What matters is how you respond and grow from these experiences. By working on your resilience, you're preparing yourself to handle whatever life throws your way – in high school and beyond.

Want to learn more?

If you're interested in developing more personal skills that can help you succeed in school and life, check out our other blogs on topics like time management, communication skills, and problem-solving strategies. You can find them [here](#).

How to deal with test anxiety

As a high school student, facing tests and exams can be a major source of stress. It's completely normal to feel anxious about these assessments, but you need to learn how to manage that anxiety so it doesn't impact your grades.

If test anxiety is getting the best of you, don't worry—there are effective strategies you can use to handle it. Let's explore how you can tackle test anxiety and improve your confidence and performance.

What is test anxiety?

Test anxiety is a type of performance anxiety that can occur before or during an exam. It's characterised by feelings of nervousness, worry, or fear, which can make it really hard to concentrate and do your best. Test anxiety can manifest in various ways, such as physical symptoms like sweating or a racing heart, or emotional symptoms like self-doubt and panic.

Why managing test anxiety is important

- **Improve performance:** Managing test anxiety helps you focus better and think more clearly during exams, leading to improved performance and better grades.
- **Reduce stress:** Effective strategies for dealing with test anxiety can lower your overall stress levels, making school and other areas of life way more manageable.
- **Boost confidence:** By learning how to handle anxiety, you'll build confidence in your ability to tackle challenges and succeed in your studies.

Three tips for dealing with test anxiety

Here are three practical strategies to help you manage test anxiety and perform at your best:

1. Prepare & practice

One of the best ways to reduce anxiety is to be well-prepared. Create a study plan that breaks down your material into manageable chunks. Use active [study techniques](#) like practice tests, flashcards, and summarising key concepts. The more familiar you are with the content, the more confident you'll feel.

2. Practice relaxation techniques

Incorporate relaxation techniques into your daily routine to help manage stress. Techniques such as deep breathing, [progressive muscle relaxation](#), and mindfulness can calm your mind and body. Spend a few minutes each day practicing these techniques, and use them during the test to stay calm and focused.

3. Develop a positive mindset

Your mindset plays a significant role in how you handle test anxiety. Replace negative thoughts with [positive affirmations](#) and remind yourself of your strengths and achievements. Visualise yourself successfully completing the test and focus on the effort you've put into preparing rather than the outcome.

Additional strategies to consider

Here are a few other simple things you can do to help prevent anxiety in the future:

Establish a routine

Develop a consistent study and [sleep](#) routine leading up to the test. Adequate rest and regular study habits can help you feel way more prepared and less anxious.

Seek support

Talk to a teacher, school counsellor, or trusted adult if you're struggling with anxiety. They can offer advice, [resources](#), and support to help you manage your stress.

Stay active

[Regular physical activity](#) can reduce overall stress and improve mood. [Incorporate exercise](#) into your routine to help manage anxiety and keep your mind sharp.

Be kind to yourself

Test anxiety is a common experience, but it doesn't have to control your performance or your well-being. By using these strategies and finding what works best for you, you can manage your anxiety and approach your exams with greater confidence. Remember, it's not just about the test—it's about taking care of yourself and your mental health.

For more tips on managing stress and achieving your academic goals, explore our website [here](#).